

## Dance for the Sheer Fun of It

If you love to dance you'll enjoy Fourfeet1beat.

Our next dance will be on the 8th July

Have you been having lessons and found no where to practice then come join us. We offer people social ballroom dance evenings. Where the emphasis of the evenings is to enjoy your dancing what ever your standard and to have FUN whilst dancing.

Learning to dance and nowhere to practice then come to our Monday night dances there is plenty of room to go over the steps you learnt at your last lesson or just come for the social side and meet other dancers.

On the second Saturday of each month we hold a social dance these dances cover all aspects of dancing, Ballroom, Latin and Popular Sequence. For full details of dances through out 2017 see calender.

"Good atmosphere"

"Good music"

"Friendly people & a warm greeting"

"Beats Saturday night TV!"

"Varied dances."

"Friendly hosts"

"Conveniently located off the A14"

"Nice dance floor - good size"

"Lots of effort from the hosts."

"Theme nights."

"Healthy life style."